

## 健康檢查注意事項

1. 體檢學校:國立陽明交通大學

2. 體檢時間: 請務必事先來電預約-02-28285515

每週一至週五 AM09:00-11:30 14:30-17:30 18:00-21:00

每週六 AM09:00-11:30 14:30-17:30

(請盡量避開四及周六早上 該兩時段為超音波檢查診)

報到地點:本診所櫃台

**體檢費用:1000 元(外加 200 元含 B 肝抗原抗體)**

報告領取方式:七個工作天後自取或者以委託書代領、掛號郵寄費 100 元

3. 受檢者請攜帶學校體檢表格及有照證件如:駕照、身份證以利作業

4. 檢查當日必須事前空腹八小時, 並禁飲咖啡、濃茶、酗酒、抽菸、口香糖。唯有純水可以。如有慢性疾病之常規用藥, 請預約時告知

5. 抽血:

A. 抽血完畢後, 請用棉花緊壓 3-5 分鐘, 「勿揉」抽血處

B. 若有血腫或瘀血, 請用毛巾熱敷數日即可, 無須擔心

6. X 光檢查:(當天儘量穿著輕便上衣, 避免有金屬、鈕扣、亮片, 女性請勿穿連身洋裝)

A. 項鍊請務必拿下

B. 上衣勿穿金屬釦子

C. 婦女懷疑或確定懷孕者, 請事先告知

7. 驗尿必須取中段尿, 且女性生理期期間不建議檢驗

8. 受檢過程中, 如有任何疑問, 請洽詢現場醫護人員

**敬請準時駕臨·並請合作賜教**

體檢單位:常哲診所(明德捷運站 小丁豆漿對面)

電話:02-28285515

檢驗單位:亞東檢驗所/優品檢驗所

地址:台北市北投區明德路 157-4 號一樓

## Precautions for Physical Examination

1. School of physical examination: National Yang Ming Chiao Tung University
2. Open Hour: **Please make reservation by phone in advance (02-28285515)**  
Monday-Friday AM 09:00-11:30 14:30-17:30 18:00-21:00  
Saturday AM 09:00-11:30 14:30-17:30  
(Please avoid Thursday and Saturday morning, the time slots are for supersonic check  
Register : Clinic counter  
Exam Fee: NTD1,000 (additional NTD200 for HBsAg antigen and antibody )  
Report retrieval: the exam result could be picked up after 7 working day by the examinee or with a letter of authorization, or could be sent by registered mail(NTD100).
3. The examinee should bring the university check-up format and personal document, such as driver license, ID card.
4. Please fast for at least 8 hours before the scheduled health check. Drinking coffee, strong tea, smoking or chewing gum is forbidden. Water could be taken. If there is medication for chronic diseases, please advise when making a reservation.
5. Blood test:
  - A. After the blood test, please press with the cotton for 3-5 min.  
Please avoid rubbing.
  - B. In case of swelling or bruise, please apply a warm towel for a few days.
6. X-ray: (Please wear casual, avoid clothes with metal, buttons, or sequins. Please do not wear a dress.)
  - A. Please remove necklace
  - B. Please don't wear clothing with metal button
  - C. For women who are pregnant or who are suspected to be pregnant,  
please inform in advance
7. For urine sampling, please collect mid-stream sample of urine. Women who are in periods are not recommended to do the check-up.
8. If there is any question during the check-up process, please contact medical staff.  
**Please arrive on time**

Physical Examination Center: Changer Geriatric Clinic (Near MRT Minde station, in front of Xiao Din Soy milk)

Telephone::02-28285515

Medical Lab: Yea-Dong Institute of Medical Laboratory/Health Leader Biomedical Co., Ltd

Address: No.157-4, Mingde Road, Beitou District, Taipei City